

Addressing Challenges Found in Digital Circles- Worked example

For reflective discussion purposes

Name of Digital Circle:

Mental Health Nursing – Cohort 1

Discussion Leader:

Sophie Jones-Tinsley

Date: 25/09/2021

**1.** **What is the challenge?**

The members of the group have expressed feeling overwhelmed by the number of messages they’re receiving from the group and need to mute the WhatsApp chat to cope. They then miss out on important information about the course.

**2. What is the reason(s) this occurred?**

There is no allotted time for sharing information or messaging within the digital circle.

**3. How can this be addressed?**

Discuss with the circles’ admin whether imposing specific times for information sharing and personal messaging would work – run this past the group and see what members think?

**4. Who will address it?**

The discussion leader or the circle leader (consider if support is needed for the circle leader if they are running the group alone).

**5. What timeframe are you applying for overcoming this challenge?**

1 month, maximum



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